

Neðanþvottur

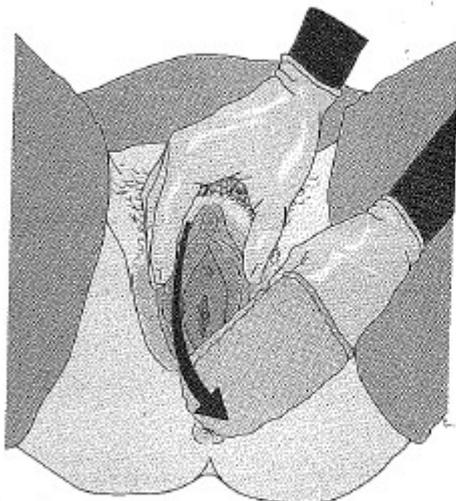


FIG. 16-29 Separate the labia with one hand. Use a mitted washcloth to cleanse between the labia with downward strokes.

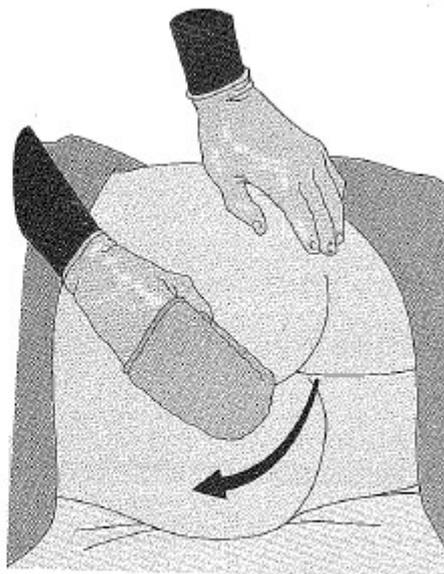


FIG. 16-30 The rectal area is cleaned by wiping from the vagina to the anus. The side-lying position allows the anal area to be cleaned more thoroughly.

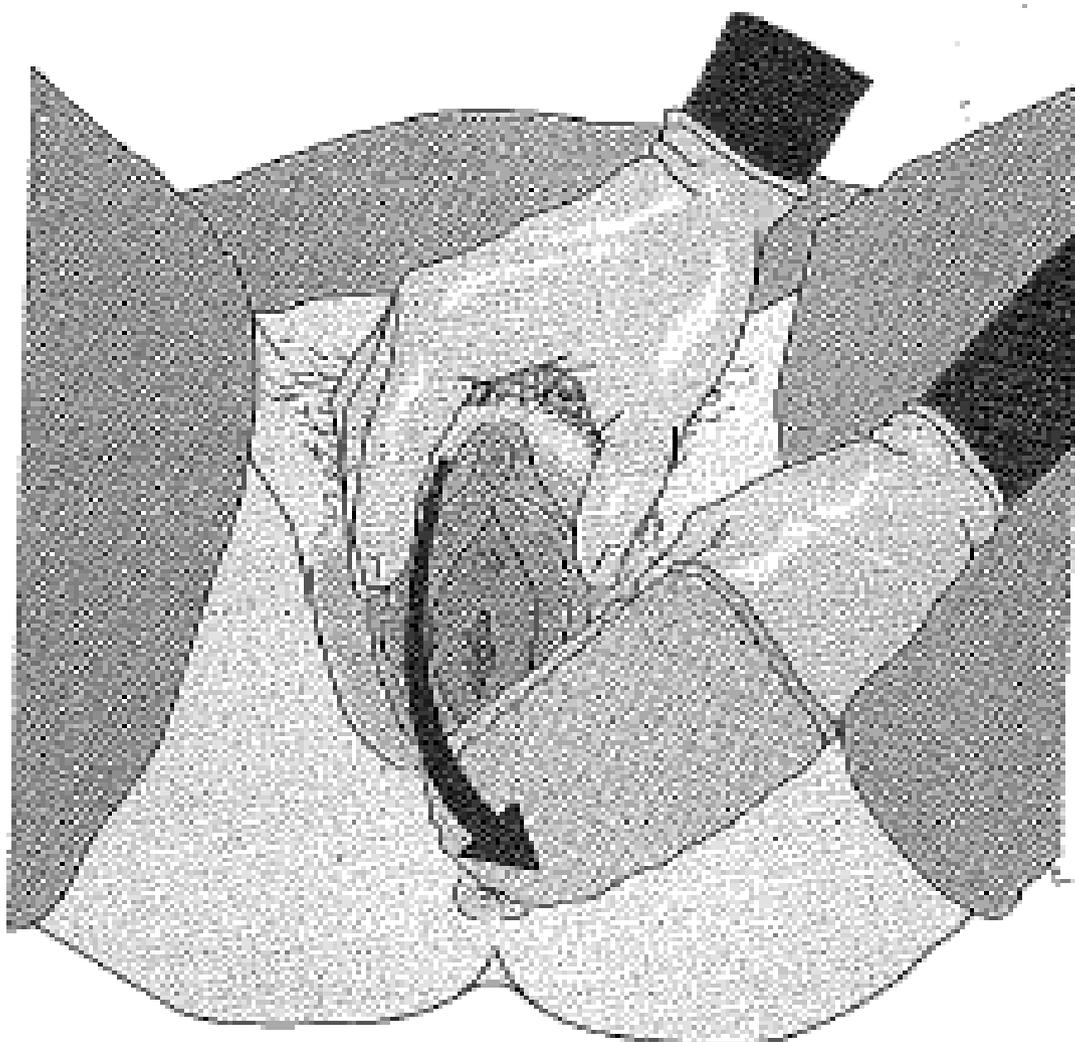


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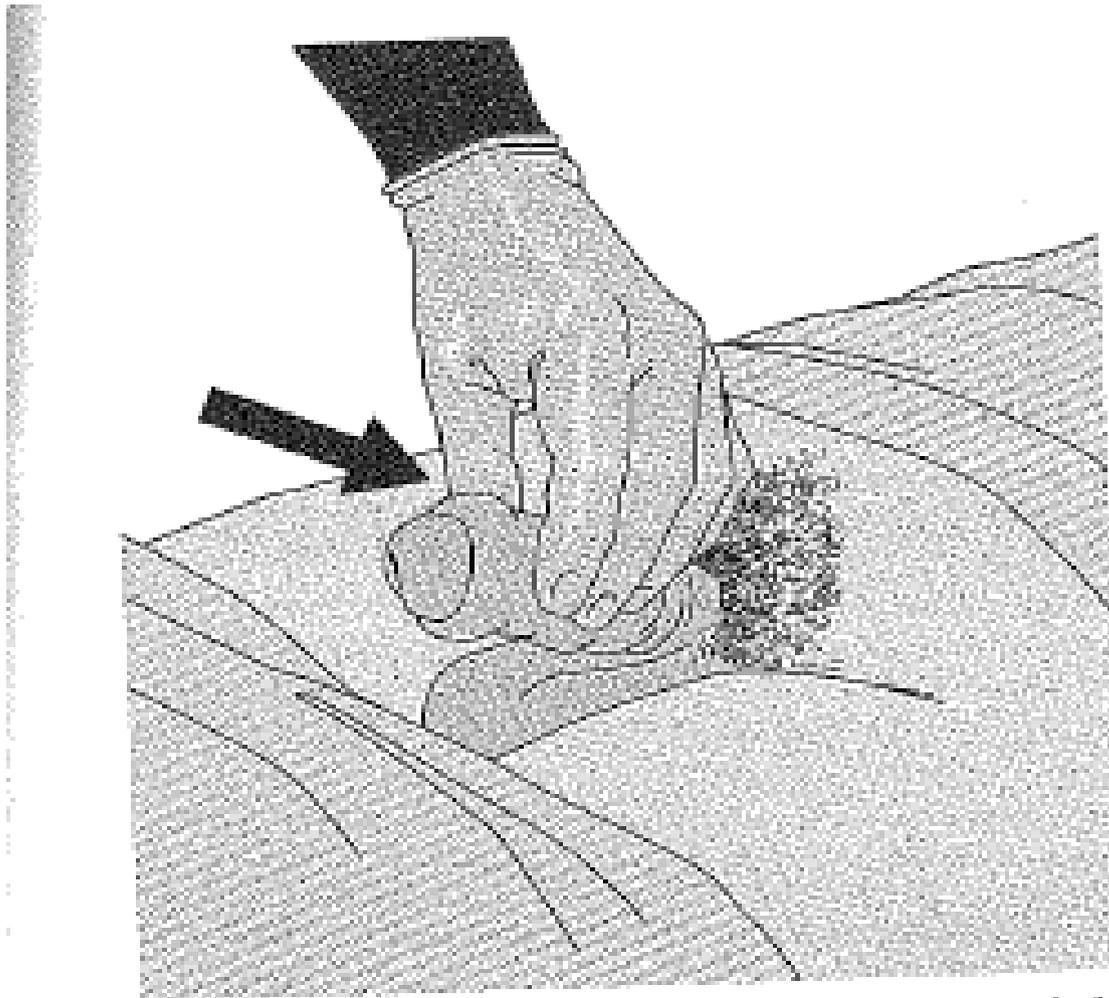


FIG. 16-31 The foreskin of the uncircumcised male is pulled back for perineal care. It is returned to the normal position immediately after cleaning.

Neðanþvottur hjá karlmanni

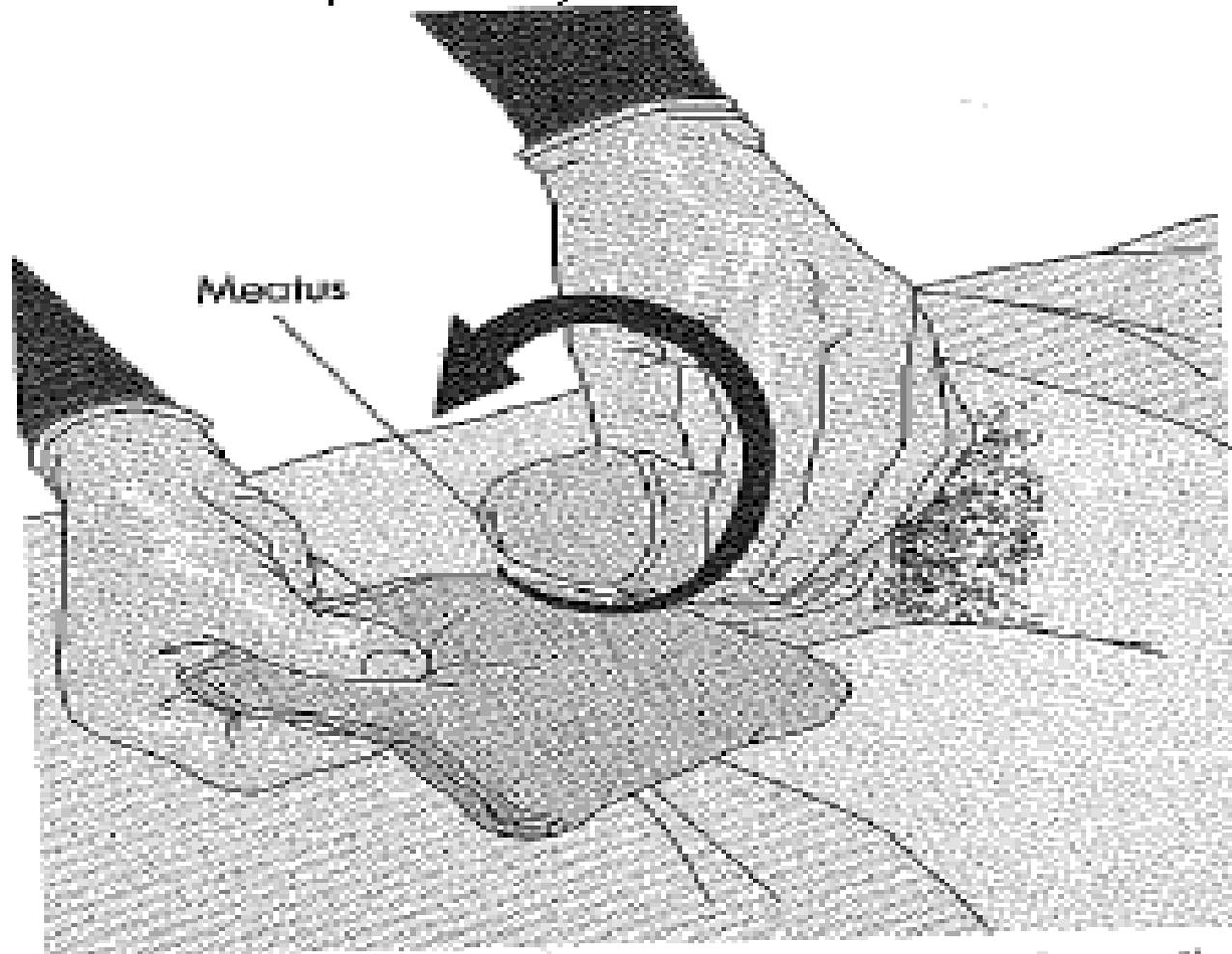


FIG. 16-32 The penis is cleaned with circular motions starting at the meatus.